

ATK Whole Grain Blend

Number of Servings: 10

Ingredients

24 ounces (5 1/4 cups) teff flour
8 ounces (1 3/4 cups) brown rice flour
8 ounces (2 1/3 cups) ground golden flaxseeds
5 ounces (1 cup) sweet white rice flour

Instructions

Whisk all ingredients together in large bowl until well combined. Transfer to airtight container and refrigerate for up to 3 months, or freeze for up to 6 months. Bring to room temperature before using.